

**Sec. 19a-87b-18. Monitoring of Diabetes**

**(a) Policy and Procedures**

(1) All family child care homes at which the provider or substitute will be administering finger stick blood glucose tests shall have written policies and procedures governing the administration of finger stick blood glucose tests to children diagnosed with diabetes mellitus. The policies and procedures shall address at least the following areas:

- (A) Parental responsibilities;
- (B) Staff training and responsibilities;
- (C) Proper storage, maintenance, and disposal of test materials and supplies;
- (D) Record keeping;
- (E) Reporting test results, incidents, and emergencies to the child's parent or guardian and the child's physician, physician assistant, or advanced practice registered nurse; and
- (F) A location where the tests occur that is respectful of the child's privacy and safety needs.

(2) Said policies and procedures shall be available for review by the Office during family child care home inspections or upon demand.

**(b) Training**

(1) Prior to the administration of finger stick blood glucose tests, the provider or substitute shall have completed the following training requirements:

(A) A course in first aid described in section 19a-87b-6(c) of the Regulations of Connecticut State Agencies, as verified by a valid first aid certificate on file at the family child care home; and

(B) Additional training given by a pharmacist, physician, physician assistant, advanced practice registered nurse, registered nurse, certified emergency medical technician, or the child's parent or guardian according to written guidelines provided by the child's physician, physician assistant, or advanced practice registered nurse. The additional training shall include, but not be limited to:

- (i) The proper use, storage and maintenance of the child's individual monitoring equipment;
- (ii) Reading and correctly interpreting test results; and
- (iii) Appropriate actions to take when test results fail to fall within specified ranges indicated in the written order from the child's physician, physician assistant, or advanced practice registered nurse.

(2) The training shall be updated at least every three years, when a child with diabetes mellitus who requires finger stick blood glucose testing is present at the family child care home.

(3) Documentation that the provider or substitute has been trained to administer finger stick blood glucose tests shall be in writing and kept at the family child care home for review by the Office. Such documentation shall indicate:

- (A) The subjects covered in training;
- (B) The signature and title of the instructor;
- (C) The signature and title of the trainee; and
- (D) The date the training was given.

**(c) Administration of Finger Stick Blood Glucose Test**

(1) Except as provided in subdivision (3) of this subsection, only providers and substitutes trained in accordance with subsection (b) of this section may administer the finger stick blood glucose test in a family child care home.

(2) Whenever a child diagnosed with diabetes mellitus who has orders to receive finger stick blood glucose monitoring is enrolled and present at the family child care home, a provider or substitute designated and trained to administer finger stick blood glucose tests shall be present at the family child care home.

(3) Upon the written authorization of the child's physician, physician assistant, or advanced practice registered nurse, and the child's parent or guardian, a child may self-administer the finger stick blood glucose test under the direct supervision of the provider or substitute who has met the training requirements in subsection (b) of this section.

**(d) Equipment**

(1) The child's parent or guardian shall supply the provider with the necessary equipment and supplies to meet the child's individual needs. Such equipment and supplies shall include at least the following items:

(A) The child's blood glucose meter and strips;

(B) An appropriate retracting lancing device used in accordance with infection control procedures;

(C) Tissues or cotton balls; and

(D) Fast acting carbohydrates to be given to the child as indicated in the written order from the child's physician, physician assistant, or advanced practice registered nurse for hypoglycemia.

(2) Such equipment and supplies shall be labeled with the child's name and shall remain in a locked storage area when not in use.

(3) The provider shall obtain a signed agreement from the child's parent or guardian that the parent or guardian agrees to check and maintain the child's equipment in accordance with manufacturer's instructions, restock supplies, and removes material to be discarded from the family child care home on a daily basis. All materials to be discarded shall be kept locked until it is given to the child's parent or guardian for disposal.

**(e) Record Keeping**

The provider shall keep the following records at the family child care home as part of the child's medical record, and shall update them annually or when there is any change in the information:

(1) A current, written order signed and dated by the child's physician, physician assistant, or advanced practice registered nurse indicating:

(A) The child's name;

(B) The diagnosis of diabetes mellitus;

(C) The type of blood glucose monitoring test required;

(D) The test schedule;

(E) The target ranges for test results;

(F) Specific actions to be taken and carbohydrates to be given when test results fall outside specified ranges;

(G) Diet requirements and restrictions;

(H) Any requirements for monitoring the child's recreational activities; and

(I) Conditions requiring immediate notification of the child's parent, guardian, emergency contact, the child's physician, physician assistant, or advanced practice registered nurse.

(2) An authorization form signed by the child's parent or guardian which includes the following information:

- (A) The child's name;
- (B) The parent's or guardian's name;
- (C) The parent's or guardian's address;
- (D) The parent's or guardian's telephone numbers at home and at work;
- (E) Two adult, emergency contact people including names, addresses and telephone numbers;
- (F) The names of the provider and substitutes designated to administer finger stick blood glucose tests and provide care to the child during testing;
- (G) Additional comments relative to the care of the child, as needed;
- (H) The signature of the parent or guardian;
- (I) The date the authorization is signed; and
- (J) The name, address and telephone number of the child's physician, physician assistant, or advanced practice registered nurse.

(3) The provider or substitute shall ensure that the child's parent or guardian receives, on a daily basis, the results of all blood glucose tests and any action taken based on the test results, and shall document the test results and any action taken in the child's medical record.

(Adopted effective June 30, 1998; Amended March 19, 2021)